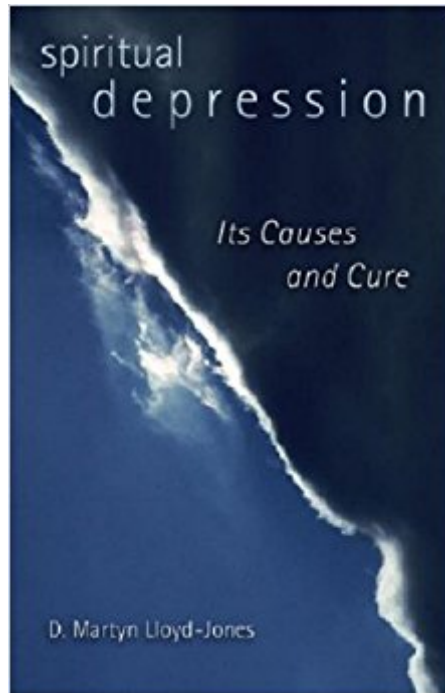




Ebook Directory
the best source of ebook

The book was found

Spiritual Depression: Its Causes And Its Cure



Synopsis

This enduring collection of twenty-one sermons by D. Martyn Lloyd-Jones, each originally delivered at Westminster Chapel in London, carefully and compassionately analyzes an undeniable feature of modern society from which Christians have not escaped -- spiritual depression. "Christian people," writes Lloyd-Jones, "too often seem to be perpetually in the doldrums and too often give this appearance of unhappiness and of lack of freedom and absence of joy. There is no question at all but that this is the main reason why large numbers of people have ceased to be interested in Christianity." Believing the Christian joy was one of the most potent factors in the spread of Christianity in the early centuries, Lloyd-Jones not only lays bare the causes that have robbed many Christians of spiritual vitality but also points the way to the cure that is found through the mind and spirit of Christ.

Book Information

Paperback: 300 pages

Publisher: Eerdmans; Reprinted edition (July 21, 1965)

Language: English

ISBN-10: 0802813879

ISBN-13: 978-0802813879

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (129 customer reviews)

Best Sellers Rank: #24,417 in Books (See Top 100 in Books) [#10 in Books > Christian Books & Bibles > Ministry & Evangelism > Sermons](#) [#48 in Books > Science & Math > Agricultural Sciences > Food Science](#) [#52 in Books > Cookbooks, Food & Wine > Cooking Education & Reference > Essays](#)

Customer Reviews

Although D. Martyn Lloyd-Jones's "Spiritual Depression: Its Causes and Its Cure" is nearly forty years old, the truth it speaks to a generation lost amid a plethora of pop-psychology books is timeless. Jones, long the pastor of Westminster Chapel, gives readers the benefit of his many years of preaching and counseling, paving the way for the lost to find their way home. Psychology and Christianity have two dichotomous worldviews that cannot be shoehorned into each no matter how hard anyone tries. Psychology attempts to bolster the inner self, while Christianity says that the inner self is so hopelessly corrupt that it must be replaced with something entirely new. To this end

Jones points out that all depression has its root in sin and works from that point to lead readers into an understanding that only in Christ can release from the bondage of self come.

This is a collection of 21 sermons that Lloyd-Jones preached on the topic of Spiritual Depression, a broad term he uses as a sort of catch all for various types of unhappiness in the Christian life. Though I felt introduced to very few new concepts, I have a suspicion that is because I have been taught by many who have been influenced by Lloyd-Jones' teaching. One of the most helpful concepts he suggests is quite foundational and is the issue of one speaking to himself rather than listening to himself. Lloyd-Jones often refers to this as "apprehending yourself" or taking your heart to task. In his chapter entitled Feelings he says, "your business and mine is not to stir up our feelings, it is to believe" (116). The author states early on "ultimately the cause of all spiritual depression is unbelief" (20). This has too has had a profound impact on my life. Much of this book is the author working this out in many other contexts. Much of his strategy could be summed up by "believe and then act... feelings will come." Perhaps one shortcoming of this book is that some temperaments may find this advice to be a little cold. While in many senses "believe and act" is quite true and the necessary response, what of those who are struggling for hope while stuck in habitual sin... or in a moment of darkness find the faith to act quite small... what then? I would love to have seen him work this out more to make it more accessible to those who are truly depressed. I would have loved to hear this man preach. I imagine he is far more effective as a preacher than a writer. Since these are sermons which were lightly edited for publication, they read much like sermons do.

[Download to continue reading...](#)

Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free)
Spiritual Depression: Its Causes and Its Cure How to Help Someone with Depression: 2nd Edition (Loved one with depression, anxiety disorder, bipolar, manic depression, depression, mood disorders, suicide, suicidal thoughts) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Good Karma: How to Create

the Causes of Happiness and Avoid the Causes of Suffering The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) Happiness Is a Choice: The Symptoms, Causes, and Cures of Depression Depression in New Mothers: Causes, Consequences, and Treatment Alternatives Bad Breath: Remedies for Life - How to Prevent Halitosis, Bad Breath Causes, Cures and Treatments (Bad Smell and Mouth Smell - How to Cure Bad Breath Book 1) Depression & How to Analyze: 2 Manuscripts. Naturally Free Yourself of Depression & Heal Anxiety, Panic Attacks, & Stress.Using Human Psychology to Successfully ... Conquer Your Mind and Regain Your Life) Depression Fallout: The Impact of Depression on Couples and What You Can Do to Preserve the Bond Postpartum Depression / Postnatal Depression: The Basic Guide to Treatment and Support Depression after Childbirth: How to Recognise, Treat, and Prevent Postnatal Depression WELLBUTRIN (Bupropion): Treats Depression and Aids in Quitting Smoking; also Prevents Depression caused by Seasonal Affective Disorder (SAD) Cervical Cancer Causes, Symptoms, Stages & Treatment Guide: Cure Cervical Cancer With A Positive Outlook What Causes Asthma?: Cure for Tightness in Chest Collector's Encyclopedia Depression Glass (Collector's Encyclopedia of Depression Glass) Pocket Guide to Depression Glass & More Sixteenth Edition (Pocket Guide to Depression Glass & More: 1920s-1960s: Identification & Values)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)